THEY WANT US OVERWHELMED

BECAUSE IF WE AREN'T, WE MIGHT DISCOVER OUR POWER

A guide to handling political turmoil and making a difference as a leftist in the Denver metro area.

NOTE

Many of these items are JeffCo/Lakewood-centric, but you can find corollaries for your area.

RESISTANCERESOURCESCO

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If you'd like a copy of this PDF, please email ResistanceResourcesCO@proton.me or visit our Instagram page. This is a work in progress, so please excuse our empty feed (and send us any suggestions you have!).

OPT OUT OF (CORPORATE) CAPITALISM

You can boycott and still get the things you need!

SHOP SECONDHAND & LOCAL; BORROW INSTEAD OF BUY

Funnel your money into your community (instead of to billionaires) when you can.

ARC THRIFT STORES

Locally owned & operated nonprofit.

BUY NOTHING GROUPS

Movement to give away unwanted items instead of throwing them out/selling them.

HABITAT RESTORES

Nonprofit selling building materials, used furniture, and appliances.

RECREATIVEDENVER

Nonprofit selling used craft and art supplies.

JEFFCOLIBRARY

WHALE'S TALE

Nonprofit bookstore that sells ex-library books; sales help support JeffCo library programs.

LEARN HOW TO FIX STUFF

Make things last longer!

DENVERTOOLLIBRARY

Nonprofit tool library offering classes on practical skills..

MERCURYSTARDUSTTOPZ

Experienced "handy ma'am" who teaches how to fix common home problems (aimed at renters).

REPAIRCAFEFOUNDATION

So far one in Boulder & one in Longmont.

BUY LOCAL FOOD

Go to a farmer's market or find an urban farm with Community Supported Agriculture (CSA) shares.

JEFFCOFARMERSMARKETS

JEFFCO URBAN FARMS

List of urban farms in Jefferson County.

FLEISCHERFAMILYFARM

Locally owned urban farm with gardening/urban farming classes & consultations.

CHANGE HOW YOU USE YOUR MONEY

Keeping your money local helps make your community strong and reduces corporate profits.

PAY WITH CASH

Cash is less traceable. Plus, credit card companies take a portion of every transaction which hurts small businesses & enriches the wealthy.

MOVE YOUR $ TO A LOCAL CREDIT UNION

Stop big banks from using your $ to fund wars, pollution, lobbying etc.

CO CREDIT UNIONS

**Idk if these are all locally owned, but it's a starting point.*

BOYCATAPP

Official app of the Palestinian-led Boycott, Divestment & Sanctions (BDS) movement.

FOLLOW LOCAL
ACTIVIST GROUPS

Note: I cannot personally vouch for all these orgs, they all seem to be active and are connected to each other on Instagram.

STEP 1: Follow orgs you're interested in!
STEP 2: Keep an eye on what they do (via stories, posts, emails, etc.).
STEP 3: Figure out what they're up to and how you want to get involved.
STEP 4: Reach out!

Remember--you don't have to do everything! Pick what you're best at (or just something you want to try).

ACLU: "MAKE COLORADO A FIREWALL FOR FREEDOM."

You, like me, may have thought "I'm in a blue state, there's nothing I can do." But we can do our best to make sure this state stays a safe haven.

ACLU CO Partner Organizations

ACLUOFCOLORADO

ACLU Volunteer Mailing List Signup

BLM5280

BREADANDROSESLAW

CO4REPRO

COLORADOCOMMONCAUSE

COLORADOFREEDOMFUND

COPOLICY

DENVERAURORACAC

DENVERPSL

DSADENVER

LWVCOLORADO

ONECOLORADO

PARASOLPATROL

RM.EQUALITY

RMNAACP

WORKINGFAMILIESCO

"[Community involvement is] how *every important change in this country has ever been won* . . . this country is supposed to be of the people, by the people, and for the people. So, if we want to change for the benefit of the people, well guess what? **The people need to be fucking involved.**"

--Adam Conover
Comedian & Activist

inspiration

PARTICIPATE IN LOCAL POLITICS

Go to meetings, join boards, leave feedback, call your reps!

CALL YOUR REPS!

Sending emails* is great, but calls are more effective. Since a significant portion of Republicans are easily offended and have a lot of free time to call their reps, their opinions are louder. Well, we've got a lot to complain about too, so pick up the phone and direct it at the people who can do something!

**Plus, it's harder to fake a phone call than an email.*

COUNTY

JEFFCO BOARD OF COMMISSIONERS

JEFFCO DEMOCRATIC PARTY

ATTEND LOCAL SCHOOL BOARD MEETINGS

Make your voice heard about anti-DEI initiatives & revisionist history, etc.

JEFFCO BOARD OF EDUCATION INFO

CITY

ATTEND/CONTRIBUTE TO CITY COUNCIL MEETINGS

Attend if you can, see if there's a way to submit public comments on their website.

CURRENT OPENINGS ON LAKEWOOD BOARDS & COMMISSIONS

LAKEWOOD CITY COUNCIL MEETINGS

LAKEWOOD CITY COUNCIL MEMBERS

5CALLS

OTHER

SEND IN A TIP FOR A NEWS STORY

RESEARCH HOW TO RUN FOR OFFICE

You may not be ready yet, but it doesn't hurt to toy with the idea.

VOTE

obviously

NATIONAL

FIND MY LEGISLATOR (U.S. SENATE)

FIND MY LEGISLATOR (U.S. HOUSE)

STATE

CO SENATE DEMOCRATS

CO HOUSE DEMOCRATS

COSENDEM

COHOUSEDEMOCRATS

FIND MY LEGISLATOR (CO STATE)

inspiration

"You see people devastated, giving up very quickly. Y'know, "aw, man we're ruined. We're so cooked." …I mean, if you believe that then we are!"

--Josh Johnson

Comedian & Daily Show Correspondent

CONNECT WITH YOUR COMMUNITY

*We are social creatures--it's much easier to make an impact as part of a community. Get a group of friends together to make a difference **and** combat the loneliness epidemic!*

THEACTIONCTR
Resource center for people in need (in JeffCo).

PROJECTCURE
World's largest distributor of donated medical supplies, equipment and services to doctors & nurses in over 135 countries.

HABITAT RESTORES
Nonprofit selling building materials, used furniture, and appliances.

BIGLITTLECO

HABITATDENVER
Habitat for Humanity Denver

RMMFI
Rocky Mountain Microfinance Institute: entrepreneurship support org.

RECREATIVEDENVER
Nonprofit selling used craft and art supplies.

BGCMETRODENVER
Boys & Girls Club of Metro Denver

CASAJEFFCOGILPIN
Court-Appointed Special Advocates

CONONPROFITS
Colorado Nonprofit Assocation

DENVERTOOLLIBRARY
Nonprofit tool library offering classes on practical skills..

DFSDENVER
Dress for Success Denver

CITY OF LAKEWOOD VOLUNTEERING

DENVERRESCUEMISSION
Homeless shelter/resource center in Denver.

REPAIRCAFEFOUNDATION
So far one in Boulder & one in Longmont.

Branch of the Innocence Project in Colorado, partnered with CU Boulder.

TAKE CARE OF YOUR MENTAL HEALTH

RESPONSIBLE NEWS CONSUMPTION

The 24-hour news cycle is overwhelming and paralyzing, especially right now. Focusing on local, fact-specific, or "lighthearted" news can be more manageable.

GET A LOCAL NEWSPAPER

GET SOME NEWS FROM COMEDIANS

NATIONAL NEWS

Read articles from places like NPR, the Associated Press, Ground News, or 1440.

NEWSCPR

GET NEWS FROM LOCAL FOUNDATIONS

Get something positive in your feed--keep an eye on organizations that are making a difference.

COLORADOFISCALINSTITUTE

COHEALTHINST

REMEMBER: YOU ARE STILL A PERSON!

Take care of yourself in general.

THERAPY

It's hard to make a difference when you yourself are not okay.

TAKE A BREAK

Just like you can't grieve all the time, you can't fight the powers that be 24/7--you'll burn out. Unplug, play board games with friends, watch some TV, engage in your hobbies. Do whatever you need to do to feel sane.

EXERCISE

Take a class at a local rec center, go on a walk with a friend, etc. Anything to balance your mind!

PROTECT YOURSELF

Taking precautions to protect yourself can give you one less thing to worry about--so you can focus on the activism that you want to spend your energy on!

DOWNLOAD YOUR SOCIAL SECURITY STATEMENT

COMPLETE ANY FEDERAL GOV-RELATED TASKS . . . SOON

Apply for/update your passport, get your tax refund, download social security and student loan statements, etc.

WRITE DOWN YOUR RUBICON MOMENT

PRESERVE KNOWLEDGE

Collect books from thrift stores, download Wikipedia, etc.

SAVE MORE MONEY

Increase your emergency fund, in case recent policy changes result in economic turmoil.

TAKE OTHER PREVENTATIVE MEASURES

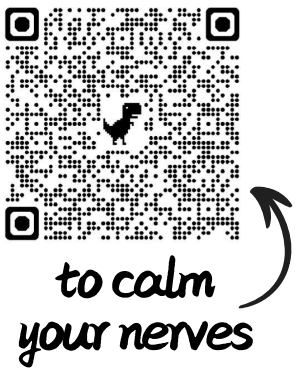
Stock up on food, learn how to fix things, get involved in/start a mutual aid network before things get bad. You can even get a side job, just in case!

SUPPORT LOCAL ARTS!

Go to your local theaters, museums, craft fairs, concerts, etc. Art keeps us sane--and makes us human :)

DENVERSARTDISTRICT

DENVERARTS

WASHHEIGHTSARTS

ARTSTUDENTSLEAGUEDENVER